

Occurrence of marine biotoxins on Bulgarian Black Sea coastal waters in 2021

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Academic editor: St. Chankova | Received 14 November 2022 | Accepted 23 December 2022 | Published 15 May 2023

Citation: Peteva ZV, Georgieva SK, Knock B, Max T, Stancheva MD, Valkova S (2023) Occurrence of marine biotoxins on Bulgarian Black Sea coastal waters in 2021. In: Chankova S, Danova K, Beltcheva M, Radeva G, Petrova V, Vassilev K (Eds) Actual problems of Ecology. BioRisk 20: 71–81. <https://doi.org/10.3897/biorisk.20.97557>

Abstract

Marine biotoxins are produced by certain phytoplankton species and used to accumulate in filter-feeding marine organisms. The occurrence of marine biotoxins in all aquatic environments and latitudes is variable in time and space. Thus, it is an essentially natural phenomenon, but the occurrence of toxicogenic phytoplankton cannot be completely avoided or eliminated. A serious concern appears if these substances accumulate at high levels in seafood. If it is consumed by mammals including humans, severe illness of consumers of intoxicated seafood may result. The aim of this study is to assess the presence of marine biotoxins in plankton samples taken in 2021 and to compare the determined levels with a previous period. Plankton samples (n = 21) were collected in 2021 along the whole Bulgarian coastline (Black Sea). The presence of hydrophilic (domoic acid (DA)) and lipophilic toxins (okadaic acid, dinophysin toxin – 1, dinophysin toxin -2, azaspiracid-1, goniiodomin A, pectenotoxin-2 (PTX2), yessotoxin, spirolide-1 and gymnodimine A) was investigated via liquid chromatography – tandem mass spectrometry (LC-MS/MS). Results indicated the presence of only DA in three samples and PTX2 in two samples. The positive samples were sporadically distributed throughout the study period. During 2016–2019, LC-MS/MS analysis confirmed the presence of DA, PTX2, YTX, SPX-1 and GDA in plankton net samples collected from the same locations reported here. The matching toxins (DA and PTX2) were at comparable levels in both periods of investigation, thus lower than in other European waters where harmful algal blooms are registered. These results show the persistent appearance of some marine biotoxins in Bulgarian waters. Although levels were low in the monitored periods, a constant monitoring is required in order that toxic events by seafood consumption be avoided.

Keywords

Domoic acid, monitoring, pectenotoxins, the Black Sea

Introduction

Bulgarian Black Sea coastline comprises 432 km (Stanchev et al. 2013). It is important for recreational, touristic (Stoyanova et al. 2019; Ihtimanski et al. 2020; Nikolova et al. 2021) and commercial (Raykov and Nicheva 2018; Stancheva et al. 2022) activities. The Black Sea is a commercial seafood source, including shellfish and fish, as well as providing popular recreational fisheries (General Directorate for Internal Policies 2011; EAFA 2020).

Black Sea mussel production and catchment has increased in recent years (EAFA 2021). Mussels have been documented to contain beneficial values of polyunsaturated fatty acid, proteins, vitamins etc. and, therefore, are a preferred food worldwide (Hyung et al. 2018; Carboni et al. 2019; Yaghubi et al. 2021).

Microalgae are the primary food source for mussels (Brown 2002; Pleissner et al. 2012), but some microalgal species are reported as toxic or harmful. These phytoplankton species tend to produce potent toxins that accumulate in filter feeders. Yearly, potential producers of marine toxins (*Pseudo-nitzschia*, *Alexandrium*, *Dinophysis*) are registered in Bulgarian coastal waters (Dzhembekova et al. 2021; Dzhembekova et al. 2022). Marine toxins are transferred through the food chain to the higher trophic levels and may cause severe illness in them. A wide range of symptoms, from dizziness, digestive (nausea and vomiting) to nervous complaints, are associated with human intoxication by biotoxins, characterising different and specific syndromes, called shellfish poisonings. The risk assessment of the occurrence of toxigenic phytoplankton is complicated by the fact that toxin levels of plankton samples do not always correlate with biomass and abundance of potentially toxigenic species.

The aim of this study is to evaluate the levels of marine biotoxins in plankton samples of the year 2021 collected from areas of different function and economic importance. Furthermore, the determined levels will be compared to marine toxins levels from previous periods of investigation.

Materials and methods**Sampling plan**

Phytoplankton samples ($n = 21$) (Table 1) were hauled vertically from depths between one and five metres from the surface with a conical plankton net (20 μm mesh size, 40 cm outer diameter) along the Bulgarian coast in the period March-December 2021.

Table 1. Collected plankton samples.

Nº	Sample Nº	Sampling site (Coordinates)	Type of the region	Sampling date
1	ME6	North 43°32'348"N, 029°18'224"E	Intensive fishing activities	31.03.2021
2	ME8	South 42°26'296"N, 027°41'360"E	Mussel farming site	25.05.2021
3	ME9	North 43°21'276"N, 028°27'053"E	Intensive fishing activities	31.03.2021
4	ME15	North 43°39'961"N, 029°39'793"E	Intensive fishing activities	13.04.2021
5	ME17	North 43°21'885"N, 028°20'528"E	Mussel farming site	13.04.2021
6	ME38	North 43°01'23.5"N, 27°53'22.0"E	Protected area	18.07.2021
7	ME47	North 43°24'14.3"N, 28°21'11.8"E	Mussel farming site	26.07.2021
8	ME48	North 43°23'58.9"N, 28°09'34.5"E	Intensive fishing activities	27.07.2021
9	ME49	South 42°38'14.3"N, 27°40'26.5"E	Area with anthropogenic activities	11.08.2021
10	ME57	North 43°07'09.8"N, 28°02'52.1"E	Protected area	08.10.2021
11	ME58	Varna 43°13'31.9"N, 28°02'12.3"E	Areas with anthropogenic activities	08.10.2021
12	ME59	Varna 43°16'52.5"N, 28°07'03.9"E	Areas with anthropogenic activities	08.10.2021
13	ME66	South 42°33'19.4"N, 27°38'19.4"E	Mussel farming site	1.11.2021
14	ME68	South 42°39'58.6"N, 27°43'06.5"E	Protected area	1.11.2021
15	ME74	North 43°21'01.7"N, 28°28'49.8"E	Protected area	4.11.2021
16	ME75	North 43°23'49.9"N, 28°19'36.1"E	Mussel farming site	4.11.2021
17	ME76	South 42°43'15.0"N, 27°55'26.1"E	Protected area	4.11.2021
18	ME83	South 43°01'23.5"N, 27°53'22.0"E	Protected area	29.11.2021
19	ME86	Varna 43°10'28.3"N, 27°54'60.0"E	Areas with anthropogenic activities	5.12.2021
20	ME89	Varna 43°12'42.2"N, 27°57'30.1"E	Areas with anthropogenic activities	5.12.2021
21	ME92	Varna 43°11'36.8"N, 27°51'46.5"E	Areas with anthropogenic activities	5.12.2021

Sampling sites close to mussel farming areas, areas used for harvesting of wild mussels (including areas of intensive fisheries and areas with anthropogenic activities), as well as protected areas, were included in the sampling plan.

Experimental plan

Immediately after sampling, net haul concentrates were adjusted to a defined volume of 500–1000 ml (depending on the net tow volume) using 20 µm filtered seawater. After centrifugation (4000 × g, 10 min at 10 °C), the supernatant was discarded. The cell pellets were stored in at -20 °C until further processing.

Plankton pellets were suspended washed with 1000 µl 100% methanol for domoic acid and lipophilic toxins extraction. The methanolic acid suspensions were then sonicated (40 Hz, 15 min) and centrifuged by 4000 × g for 10 min at 10 °C. The supernatant was filtered through syringe filters (0.45 µm pore size, ø25 mm, Minisart, Sartorius, Germany). Filtrates (1000 µl) were transferred into chromatographic vials and kept at -20 °C until further analysis.

The hydrophilic domoic acid (DA) and lipophilic toxins – goniodomin A (GDA), okadaic acid (OA), dinophysistoxins -1 and 2 (DTX1,2), pectenotoxins (PTX2, PTX2-sa, epi-PTX-sa), yessotoxins (YTX, OH-YTX), azaspiracid-1 (AZA1), spirolides (SPX1) and gymnodimine A (GYMA) were analysed according Krock et al. (2008) on

a LC-MS/MS system. It consists of liquid chromatograph (model 1100 LC, Agilent, Waldbronn, Germany) coupled to a triple quadrupole mass spectrometer (API 4000 QTrap, Sciex, Darmstadt, Germany), equipped with a Turbo Spray interface.

The quality control was performed by regular analysis of procedural blanks and certified reference material (National Research Council, Canada). Limits of detection (LOD) for lipophilic toxins and DA were determined based on 3:1 signal-to-noise ratio.

Calculations

Contents of the toxin are expressed as nanograms per net tow (ng/NT) in order to be compared with previous results and other literature data.

Results

In total, 21 plankton samples were collected in the studied period February-December 2021 along the Bulgarian coastline in accordance with sampling plan (Table 1).

With the aim to analyse for the presence of selected marine biotoxins, appropriate retention times and LODs were achieved (Table 2).

The huge efforts for the toxin profile revealed a scarce presence of marine biotoxins in the plankton samples. Amongst the investigated toxins – DA, GDA, OA, DTX1, DTX2, PTX2, PTX2-sa, epi-PTX-sa, YTX, OH-YTX, AZA1, SPX1) and GYMA, only DA and PTX2 were detected (Table 3).

Table 2. Investigated lipophilic toxins and domoic acid including associated standard solution concentrations, LODs, quantification transitions and retention times.

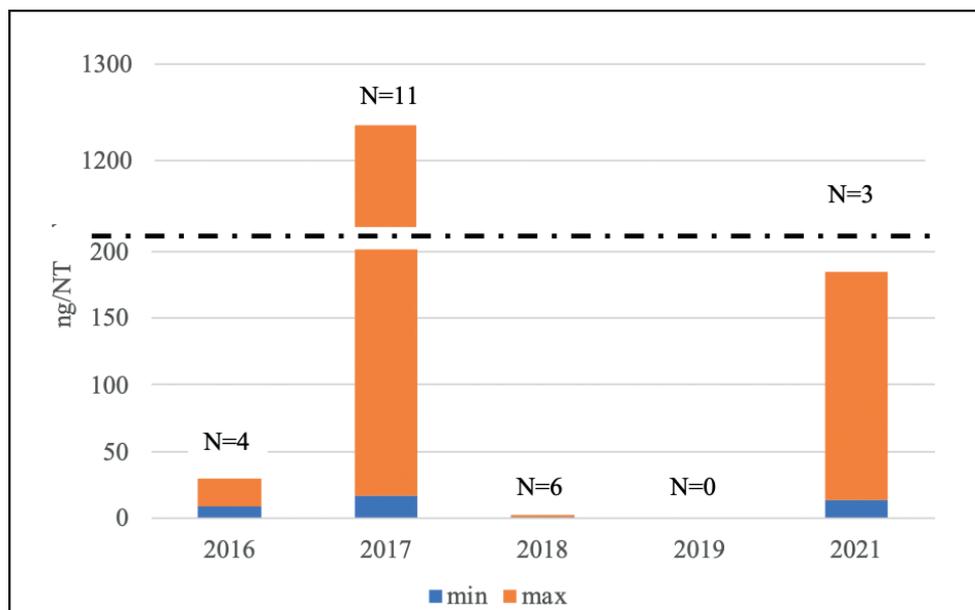
Marine toxins investigated	Concentration of standard solution pg/ μ l	LOD ng/NT	Quantification transition (m/z)	Retention time (min)
DA	100	4.93	312→266	7.17
OA	500	25.71	822→223	11.57
DTX2	500	36.59	822→223	11.87
DTX1	500	60.00	836→237	12.57
PTX2	100	3.73	876→213	12.14
PTX2-sa	–	–	894→213	11.70
Epi-PTX2-sa	–	–	894→213	11.90
GONA	412.5	30.56	786→607	12.67
YTX	1000	100.00	1176→981	13.00
OH-YTX	–	–	1176→981	11.70
AZA1	100	0.92	842→824	12.62
GYMA	500	1.50	508→490	10.33
SPX1	100	2.58	692→164	11.22

Table 3. Levels of detected toxins in plankton samples.

Sample №	DA, ng/NT	PTX2, ng/NT
ME6	170,94	< LOD
ME9	< LOD	9.23
ME15	138.48	< LOD
ME58	13.38	< LOD
ME76	< LOD	6.51

Results obtained in this study showed that only 14% of the samples were positive for DA and only 9% for PTX2. DA was present in spring and autumn samples from areas with intensive fishing and anthropogenic activities. Pectenotoxin-2 was detected in a spring and autumn sample from an area with anthropogenic activities and a protected region, respectively.

Comparison of the results with results obtained from previous studies in the same regions (Peteva et al. 2018; Peteva et al. 2020) showed that, in 2016, DA was detected in 57% of the samples, in 2017 in 41%, in 2018 – 17% of samples and in 2019, in none of the samples. In 2017 and 2018, plankton samples investigated were many more than in 2016 and in 2021. Comparison of the concentration range of the positive samples showed a great variability between the different periods of investigation (Fig. 1).

**Figure 1.** Comparison of DA levels with previous studies (n- indicates the number of positive samples).

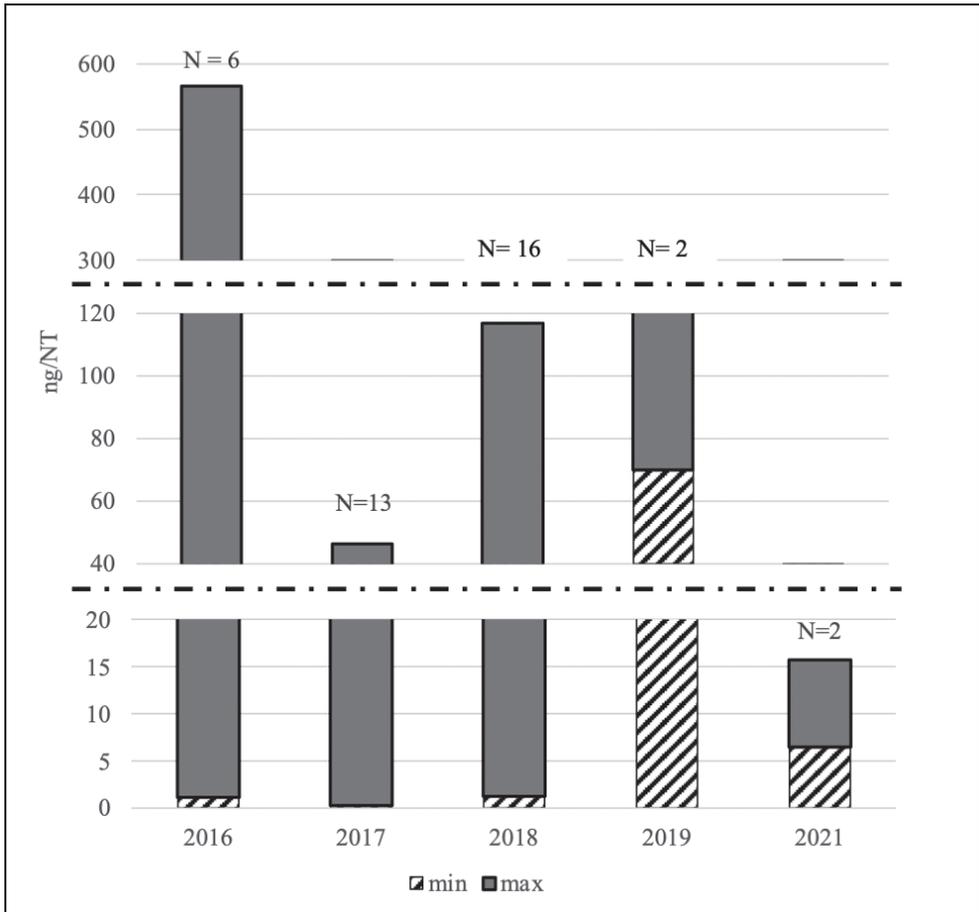


Figure 2. Comparison of PTX2 levels with previous studies.

The two PTX2 positive samples from 2021 represent 10% of all samples. Thus, in previous studies, the portion of positive samples was much higher – 86% in 2016, 48% in 2017, 47% in 2018 and in 2019 – 67% of the samples. Moreover, in this former period of time, the PTX2 concentration ranges are much wider (Fig. 2).

Discussion

The Bulgarian coast is important for the development of the economy and tourism in the country (Dimitrov and Rangelov 2018; Mooser et al. 2022).

Bulgaria is considered as a minor producer of seafood, responsible for 0.01 percent of world production and 0.4 percent of EU fishery and aquaculture products in terms of volume (EUMOFA 2020). Recent investigations showed a persistent value of the catch (for 2015–2020 – 8476 tonnes), as well as a visible peak in 2019

(Shivarov 2021). Fishing activities are performed almost throughout the whole year and along the whole coastline. Thus, it is known that fishing activities change the environmental parameters in the regions where they are undertaken (Stier et al. 2020; Gissi et al. 2021).

In Bulgarian mariculture farms, Mediterranean mussel (*Mytilus galloprovincialis* Lamarck) is dominant farmed species. The total marine aquaculture production of 2,531 t in 2018 consists mainly of this mollusc (Klisarova et al. 2020). Recent state reports showed that, since 2008, Bulgaria is one of the important suppliers of Mediterranean mussels in the Black Sea region. Nowadays, Bulgarian mussel farms produced over than 1.5% of the cultivated mussels in the world (Ministry of Agriculture and Food Bulgaria 2019).

A number of factors of natural and predominantly anthropogenic nature have a negative impact on the state of the environment of this region of the country (Kotsev and Prodanov 2020, Kotsev et al. 2021). Natural factors, superimposed in a number of cases by anthropogenic activity, are mainly abrasion, landslides, floods of the coast from the sea and climate change (Penchev 2019).

Anthropogenic activities and technological advances are commonly pointed out to justify the increasing occurrence, frequency and intensity of harmful algal blooms and the detection of new toxins or emergence of toxins in regions where they were previously not known (Costa 2019; Otero and Silva 2022). In this regard, investigation and comparison of the toxin profiles of plankton samples from locations of fishing and anthropogenic activities, as well as mussel farming sites, seem meaningful and informative.

Coastal protected areas in Bulgaria are established by national policy instruments/laws and EU Directives to protect a wide range of natural and cultural resources (Stancheva et al. 2016). In these areas, any catch and industrial activities are banned by the law (Ministry of Regional Development and Public Works 1998). Accordingly, protected areas are considered control sites in this study.

Quantitative and qualitative analysis of marine biotoxins was performed by applying liquid chromatography coupled with mass spectrometry which is acknowledged by the scientific community as one of the most powerful analytical tools able to identify multiple toxins (Visciano et al. 2016; Estevez et al. 2019). Results indicate that, in 33% of samples from the areas with anthropogenic activities and in 50% of the samples from the areas of intensive fishing, marine biotoxins were detected. No toxins were detected in the samples from the mussel farms and in one sample from a protected area. Further interpretation of the results would be possible if the investigation is repeated in a future period.

Interestingly, two other marine toxins were detected in previous periods – YTX and SPX1. Yesotoxins were registered in the samples from 2016–2018. The concentration range is very large – 0.001 – 1.959 ng/NT. In the present study, no YTXs were detected. The small number of positive samples in the previous period, as well as the absence hereby, is most likely due to the fact that yesotoxins are exotoxins. Once synthesised, they are rapidly released into the environment and, therefore, difficult

to determine in plankton samples (Hess and Aasen 2007). For example, Krock et al. (2013) also investigated the levels of lipophilic toxins along the German and Danish coasts, but yesotoxins were not determined.

Our previous investigation showed that SPX1 was registered in the samples from summer-autumn 2018 in a concentration range from 0.054–0.245 ng/NT. No spirolides were registered in this study. This result might be associated with low abundance or even absence of *A. ostensfeldii*, as SPX 1 production is associated with this species (Van Wagoner et al. 2011; Guinder et al. 2018).

This further reinforces the belief that toxin production by plankton is an unpredictable phenomenon (Kremp et al. 2019) and studies on it should be continued.

Conclusions

Results obtained in this paper including the values below LOD indicate that abundance of marine biotoxins is not alarming. This suggests that good quality of mussel meat might be expected. Monitoring of harmful phytoplankton composition and biotoxins should be continued in future, so it can provide the opportunity to react in good time in order to prevent negative consequences which can be caused by HABs and biotoxins.

Acknowledgements

This work was supported by the Maritime Affairs and Fisheries Program 2014–2020 co-financed by the European Union through the European Maritime Affairs and Fisheries Fund. Project No BG14MFOP001-6.004-0006-C01, contract No MAP-ИП-01-13/25.01.2021 “Investigation of priority chemical pollutants and biotoxins and assessment of the state of the marine environment”.

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